



Fish Emergency Service, Inc.

neighbor helping neighbor

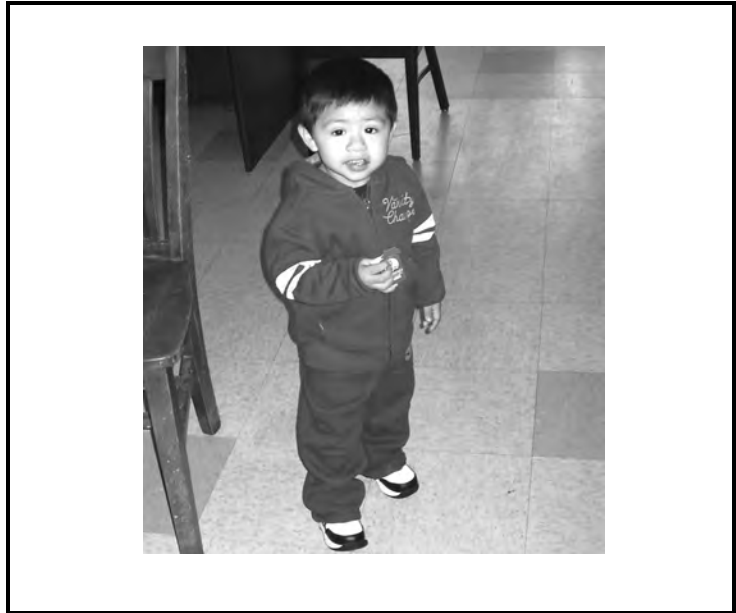
43 YEARS of SERVICE in the PORTLAND METRO AREA

FISH NEEDS FOOD & FINANCIAL HELP TO FILL THE DEMAND

Dear Friends,
Our budget is very thin, and we have cut expenses everywhere we can. The demand for food is enormous. But I believe strongly in the power of what **Fish** does in our community and the determination of all of us to come up with the resources to keep our neighbors afloat. **Fish** needs food and financial donations. No gift is too small.

Thank you – individuals, businesses, clubs, community gardens, foundations, churches – all of you who make it possible for **Fish** to keep its doors open to provide help.

Gloria



Please give us your e-mail address so that we may send the Newsletter to you electronically and save postage and paper.

OUR INVENTORY IS LOW AND FISH'S USDA ALLOTMENT HAS BEEN CUT

Jim Arnold, **Fish's** Food Program Manager, finds that our commodity food from the USDA (a significant portion of the food in the baskets we give to hungry families), has again been cut. On top of this, fewer food drives are being held and there is less in donations from individuals and business.

There are bright spots, generous groups like Brentwood Community Gardens have supplied more of their excess food than ever to **Fish** this summer, and many companies have given us wonderful food donations.

PUT THE WORD OUT: TELL EVERYONE YOU KNOW THAT FISH NEEDS HELP

Betsy Davis, long-time volunteer, has a formula she uses to get donations: "Put the Word Out!" Betsy has her book club members, neighbors, church group come to meetings with canned goods like peanut butter or chili.

Food items that are especially needed:

Tuna, stew, chili

Boxed meals like macaroni and cheese, hamburger helper

Soups, vegetables, eggs, biscuit mix



Personal products:

Shampoo, deodorant, razors, toothpaste.

Holiday food

Turkey hams, sweet potatoes, stuffing mix, cranberry sauce

That's what we do in this country, we help our neighbor, even though we don't even know our neighbor. —Lady Bird Johnson

HARVESTING EXTRA PRODUCE FOR LOCAL NEIGHBORS



Brentwood Community Garden, near SE 57th Ave., is one of our partners who bring excess produce to **Fish**. This active garden has two sections, one begun in 1997 and a new one in April of this year. Brentwood produces organic, luscious-looking vegetables and fruits, untreated with chemicals.

Rachel Belida is Coordinator of “Produce for People,” a Portland Parks & Recreation offshoot. This links Community Gardens like Brentwood with local emergency food programs like **Fish** to give needy families fresh, local produce. Rachel also has her own garden plot at the new Brentwood area. She spreads the word to other growers to put excess food aside for **Fish**.

“It sounds old-fashioned, but I will tell you there are ethical imperatives in this life. Compassion. Honesty. Fairness. Trustworthiness. Respect for others. If those things are not the bedrocks of your life, you will suffer for their absence in time.”

—Charles Gibson of ABC News

THANKS TO DONORS, July – Sept. 2010

COMMUNITIES OF FAITH

Bethlehem Lutheran
 Colonial Hts. Presbyterian
 Emanuel Temple
 First Congregational-UCC
 Grace Presbyterian
 Kenilworth Presbyterian
 Lynchwood Church of God
 Lake Oswego Untd. Methodist
 Montevilla Untd. Methodist
 Moreland Presbyterian
 Presbyterian Church of Laurelhurst
 Rose City Pk. Presbyterian
 St. Andrew’s Presbyterian
 St. Philip Neri Catholic
 Waverley Heights UCC
 Vermont Hills Untd. Methodist
 Wilshire Untd. Methodist, women
 Word of Life Community

Calvary Presbyterian
 Bridgeport UCC
 First Untd. Methodist
 Grace Baptist, Mission Fund
 Lincoln St. Untd. Methodist
 Portland Mennonite
 Milwaukie Christian
 Ore-Idaho Conference
 Mt. Tabor Presbyterian
 St. James Lutheran
 Trinity Untd. Methodist
 Sunnyside Untd. Methodist
 Westminster Presbyterian

BUSINESSES

Bi-Mart
 Harvest Share
 MBI Motors
 Rivermark Community Credit Union
 Second Time Around
 The ODS Companies
 Treasure House
 Walgreen’s

Fred Meyer
 Here We Go Again
 New Seasons Market
 Soup Cycle
 Umpqua Investments

BMW CCC
 Gann Printing
 Levi’s
 PGE
 Safeway
 Title Nine
 TOFU Company
 Uncle Paul’s Produce Market

OTHER ORGANIZATIONS

Birch Community Services
 Brentwood, Bridge, Buckman, Col. Summer’s,
 Clinton, and Sewallcrest Community Gardens
 Chapter BK, PEO
 Hawthorne Street Fair
 Portland Bridge Festival
 Portland Public Schools
 Portland Parks & Recreation
 Portland Public Schools

Produce for People
 Learning Garden Lab
 Portland Fruit Tree Project
 SW Portland Fuchsia Club
 Union Gospel Mission

FOUNDATIONS

CNA Foundation
 Oregon Community Foundation, Juan Young VII Fund
 Samuel T. & Mary K. Naito Foundation
 RBC Foundation, USA



Don’t forget to include Fish in your will or estate plan. Please contact Fish with questions about planned giving opportunities.

PEOPLE WHO GO TO FISH FOR HELP

A friendly diabetic man is a favorite at **Fish**. Howard carries a cane and a sharp wit with him, and on his hundredth birthday, the group sang to him.

"Howard is such a pleasant man," says Kathleen Butler, **Fish** Program Coordinator. "He has a keen mind and is so grateful for the help **Fish** gives him, and when he leaves, he says, 'Thank you, thank you'".

Gail, a volunteer interviewer, remembers a touching recent occurrence. A single woman in her 40s now living by herself was in need of food. When Gail asked what she would like, she mentioned several things she didn't want: "No spaghetti or tomato products. No dried beans." When Gail inquired if there was any particular reason why she didn't want these things, the woman said, "I don't have a pan big enough to boil those things in."

She was so very pleasantly surprised when Gail went to the back room and found a large sauce pan with a lid. In fact, the woman was overwhelmed, and Gail was pleased to be able to give her the pan which someone else donated to **Fish**.

IN HONOR

*The following people have contributed to **Fish** in honor of the July 31 marriage of Lea Lawrence and Rev. Jim Moiso, retired Pastor of Westminster Presbyterian Church*

Allison Loeb, Sarah Beaird, Ed & Schatzie Perkins, Gloria Z. Davis, Alice Reichle, Rosemary Davis Cartozian, Linda and Jerry Dinan, Wayne & Betty Fry, David & Caroline Greger, Laura Jean Jory, Karen and Scott Karn, Leslie Neilson & James Grew, Kathleen Anne Orwig, Janice & Harold Poujade, Carol Savage, Mary Ann Seth & John Wish, Susan and Lynn Spruill, Kay Tousley, Carol & David Turner, Alberta Vander Mei, Janet Goetze Sanderson, Melissa and Ralph Y. Shuping, Jr.

"If you can't feed a hundred people, feed only one." — Mother Teresa

UMPQUA INVESTMENT PAINTERS



The Umpqua group did a lot of painting on the second floor, brightening up the area.

BMW SHOW CAR EVENT BROUGHT IN FOOD AND A GENEROUS CHECK



At a BMW Car Club get-together in September, participants collected 164 pounds of food and cash totalling \$840!

RBC WEALTH MANAGEMENT EXECS BRING A CHECK AND MEET A FAMILY RECEIVING HELP FROM FISH



NEW SEASONS MARKET at 4034 SE HAWTHORNE COLLECTS FOR FISH

New Seasons suggests to its customers: "Round up your purchases by \$1.62 and this extra will go to **Fish**." For further information, please go to the Fish Emergency Service Inc. Facebook page.

IN HONOR and MEMORY

The following people are much loved. Gifts were given to Fish in their honor, and we join in the celebration of their lives.

In Honor

Thomas Dubay by Barbara Dubay

Kelly Jason by Ella Leszar

Merrill Mitchell by Lou Ann Bowers-Mitchell

Myrna Haftorson by Pat & David Rullman

Pat Kern by Richard Pabst

Lydia Byrne's birthday by Jean Poole Hittner

50th Wedding Anniversary of Rev. and Mrs. Farley

Maxwell by Ted & Joyce Liljeholm

Marge Jensen by Ila Rae Winslow



FISH EMERGENCY SERVICE, INC.

Board Of Directors

Ken Otto, Chair; Josh Palmer, Vice-Chair;
Rev. Greg Ikehara-Martin, Sec.
Mary Alvey, Cathy Maloney,
Allison McCormick,
Rod Monroe, Bob Nichols,
Steve Nofziger, Gretchen Sabo.

Executive Director: Gloria Colvin

Program Coordinator: Kathleen Butler

Inventory Control Manager: Jim Arnold

Administrative Assistant: Nita Robertson

Newsletter: Nancy Gerhardt, Amy Houchen

Photos: Jim Arnold, Nancy Gerhardt

In Memory

C. Dubay by Barbara Dubay

Dr. Verner Lindgren and Hugh Lineweaver
by Helen Lindgren

Bertha Mapes and Don Bowers, Florence Arenz
by Lou Ann Bowers-Mitchell

R. Donald Beam by Ruth Beam

Calvin Luetjen by Caroll & Karen Schroeder

Jean Tolmach by Andrew & Alycia Allen Tolmach

www.fishemergencyservice.org

Phone: (503) 233-5533

Fish is a 501 (c) (3) non-profit organization.
Donations to Fish are tax-deductible.

Services are provided on an equal opportunity basis. No person is excluded from receiving assistance based on race, color, national origin, religion, age, disability, political beliefs, gender, sexual orientation, marital or family status.

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