



**44 YEARS of SERVICE in the PORTLAND METRO AREA**

“SERVE ONE ANOTHER WITH GLADNESS”  
—Galatians 5:13

Dear Friends,  
I was struck by the phrase which a former volunteer used in her letter, “Remember, giving is far better than receiving.” Giving is the business that **Fish** is in, and all of us who work for **Fish**, including you donors, know that our help keeps many people from absolute calamity, and we are glad about this.

Stan, a current volunteer says in a story on page 2, about a man he had just served, “It made me feel good that **Fish** was there to help him. Being there seems to be what we are all about for so many unfortunate folks.”

Yes, we keep our doors open for those who need us. But **Fish** must have food and cash donations this summer, traditionally a down time for contributions. We will be in a tough financial time until Thanksgiving. Remember that no gift is too small.

Fish is blessed with dedicated volunteers, donors and staff. Thanks to all of you!

Have a happy summer,

*Gloria*

**FISH NEEDS:**

Staple items: Tuna, peanut butter, chili, stew, mac & cheese, cereals, canned fruits & veg.

Personal products: **TOILET PAPER**, feminine hygiene items, soap, deodorant, toothpaste.

MEN’S CLOTHING: Pants (jeans, Dockers, dress pants), socks, shirts, underwear.

Kitchen needs: Soap, laundry detergent.



**VOLUNTEER BRIAN WITH LUXURIANT VEGETABLES, THANKS TO CLINTON COMMUNITY GARDENS: FRENCH GLOBE CARROTS, PEAS, KALE AND LETTUCE.** Thanks to all who donate for your excess fruit and vegetables. Keep them coming!

**Fish** is also very grateful to the Oregon Community Foundation Juan Young VII fund for a large check.

The Presbyterian Church of Laurelhurst put on a very successful one-day rummage sale which raised \$1,900 for **Fish**.

Youth from Kern Park Christian Church came one Thursday and repainted stripes in our parking lot. This energetic group of teenagers typifies the church and school groups who come to **Fish** to work and to learn about another side of life in our community which they may not know of. These young people are the future supporters of places like **Fish** which provide the safety net for so many in Portland.

Go to [www.fishemergencyservice.org](http://www.fishemergencyservice.org) and click on Facebook.



## KERN PARK CHRISTIAN CHURCH YOUTH



Some wonderful kids and their Youth Minister from Kern Park Christian Church on SE Holgate repainted the stripes on our parking lot one early summer day.

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### AUDREY HEPBURN'S BEAUTY TIPS

“For attractive lips, speak words of kindness.  
For lovely eyes, seek out the good in people.  
For a slim figure, share your food with the hungry.  
For beautiful hair, let a child run his/her fingers through it once a day.

For poise, walk with the knowledge that you never walk alone.

People, even more than things, have to be restored, renewed, revived, reclaimed and redeemed; never throw out anyone.

Remember, if you ever need a helping hand, you will find one at the end of each of your arms.

As you grow older, you will discover that you have two hands; one for helping yourself, and the other for helping others.”

— Sam Levenson

*Audrey Hepburn was fond of this, and it was read at her funeral.*



**Please consider including Fish in your Estate Gifts or Planned Charitable Contributions.**

## Being There for People in Need

Ruth helped a man in his 30s or 40s who told her, “I never thought I would need to be asking for food.” He was very grateful for the help.

Angela talked with a 72 year-old who just stopped by in hopes that Fish had a birthday cake for his 3 year-old son. She found one and some toys and a card, too.

Gus, a volunteer who lived in China for four years, converses with the older Chinese people who stop by on “Harvest Share Day” when produce is available from OFB. The elderly of that culture are used to being given fresh food handouts, and they take advantage of the opportunity here in Portland to supplement their small food budgets.

Stan remembers a young man who arrived with his social worker to get food. The 30-something year-old man was clean and courteous. He told Stan of his battle with alcoholism and his run-ins with the law. He said he hit rock bottom, and he decided he needed to change everything in his life. Stan observes, “He stopped drinking and has been dry for a whole year. He is now trying to get a job and continue on a path of sobriety and becoming a productive citizen. Each new step is so difficult for him, but he seems determined. It made me feel good that Fish was there to help him. Being there seems to be what we are all about for so many unfortunate folks.”



A check came in the mail from a 60s era Fish volunteer. She remembers “giving a food box to the mother with five little children, seeing the look on her face; talking to her about other food options where she can also get food; hearing about a husband so far from home in the service of our country.”

The former volunteer concludes, “Giving is far better than receiving. God bless all of you.”

## THANKS TO DONORS, 3//01/11 – 6/30/11

### COMMUNITIES OF FAITH

Bethlehem Lutheran      Colonial Hts. Presbyterian, Deacons  
Calvary Presbyterian      First Congregational – UCC  
First Untd. Methodist      Grace Baptist, Mission Fund  
Grace Presbyterian      Holy Cross Lutheran  
Immanuel Lutheran Dorcas Guild      St. Paul Lutheran  
Lake Oswego Untd. Methodist      Lynchwood Church of God  
Montavilla Untd. Methodist      Moreland Presbyterian  
Oregon-Idaho Annual Conference      Pioneer Untd. Methodist  
Portland Mennonite      Presbyterian Church of Laurelhurst  
Rose City Pk. Untd. Methodist      Rose City Pk. Presbyterian  
St. Andrew's Presbyterian      St. James Lutheran  
Trinity Untd. Methodist      Vermont Hills Untd. Methodist  
Westminster Presbyterian      Wilshire Untd. Methodist, Women

### BUSINESSES

Anthem Records      East Side Deli      Give With Liberty  
Fred Meyer      Here We Go Again      MBI Motors  
John H. Hudson Properties      Locke Insurance Agency  
Matthew's Galleries      Title 9      The Standard  
New Seasons Market      The ODS Companies  
Oregon Emergency Services      Safeway      TOFU Co.  
Linda Scher, Family Counselor      Treasure House

### OTHER ORGANIZATIONS

Birch Community Service      SE Portland Rotary  
Brentwood, Clinton, Col. Summer's Community Gardens  
Chapter BK PEO Sisterhood      NW Academy      Oregon Zoo  
Optimist Club of Central Portland      Gann Bros. Printing  
Pongo Fund      Royal Neighbors of America      WIC  
St. Mary's Academy      SW Portland Fuchsia Club

### FOUNDATIONS, ESTATES

Samuel T. & Mary K. Naito Foundation  
The Oregon Community Foundation (OCF)  
    John A. & Phyllis S. Courtney  
    Lillian Bauman Fund  
    Anonymous Fund #13  
    Juan Young VII Fund  
RBC Foundation USA  
Rose E. Tucker Charitable Trust  
Templeton Foundation

## IN HONOR

The following people are much loved. Gifts were given to Fish in their honor, and we join in the celebration of their lives.

**Clarabel Scott** by Carolyn Call

**Jim Moiso & Lea Lawrence's**

**marriage** by Jon & Mary Cottrell

**Merrill Mitchell** by Lou Ann Bowers-Mitchell

**Rev. Laurie Vischer** by Elmer Frimoth

**Zana Dorres** by Richard Pabst

**Jo Cannon** by Nicky & Ron Larson

“Sometimes I can't explain it to my husband,” Dulcy Mahar, late beloved gardening columnist for *The Oregonian* once said of gardening, “but it's a passion you can fulfill without guilt. It's not fattening. It's not bad for your health. It doesn't lead to a life of crime.”



**IN MEMORY**

The following people are much loved. Gifts were given to Fish in their honor, and we join in the celebration of their lives.

**Ruth Henry** by Mary & Terence Allman,  
Alvin & Dietra Reddig, Landra Lee Strother,  
Doug & Kristi James, Mary Gehling  
Harold & Judy Britton,  
Catherine & Jacob Cambier

**Karl & Elnora Kolb** by Karen & David Rudin  
**Marie Wastel & Lillian Tate** by Ella Leszar  
**Bertha Mapes & Don Bowers Sr.** by Lou Ann Bowers-Mitchell  
**Robert Wilhelm, Sr.** by Jean Poole Hittner  
**Betty Kanaebel** by Elsie Duyn  
**Elizabeth & Marvin Puls** by Elizabeth Puls  
**Leif Iverson** by Pat & David Rullman  
**Zach Zabinsky** by Willian & Terrie Thome  
**Wilbur Scott & Sue Shackelford** by Carolyn Call  
**Shirley Mills, Jean Kirnak & Christine Gann**  
by Nancy Gerhardt  
**Dorothy Hartman** by Barbara & Kenneth Zapp  
**Russ Bolick** by Darlene Bolick  
**Ken Lane** by Marjorie Jensen  
**Lynne Hurrell & Joan Cahn, Roz Spiekerman** and  
**Christy Nelson** by Barbara Wagner  
**Jim Lawlor** by Myma Lawlor  
**Harryett Kenney** by Marjory Fischer  
**Virginia Walter** by Richard Pabst

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**Photos:** Jim Arnold, Nancy Gerhardt



[www.fishemergencyservice.org](http://www.fishemergencyservice.org)  
**Phone: (503) 233 5533**  
Fish is a 501 (c) (3) non-profit organization. Donations to Fish are tax-deductible. Services are provided on an equal opportunity basis. No person is excluded from receiving assistance based on race, color, national origin, religion, age, disability, political beliefs, gender, sexual orientation, marital or family status.

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