



44 YEARS of SERVICE in the PORTLAND METRO AREA

**MORE AND MORE DRASTIC CUTS
IN FOOD BANK ALLOCATIONS**

Jim Arnold, **Fish** Inventory Control Manager, worries about the ever-decreasing food supplies that are available to us.

The Oregon Food Bank (OFB) receives food from the US Department of Agriculture (USDA) to distribute in our area. This summer, Jim has seen a drop in USDA allocations to **Fish** (measured in truck-loads) from 25 in June to 9 in August. We now have to buy basic foods from OFB, paying a share price (less than retail) for some foods, or purchase them elsewhere.

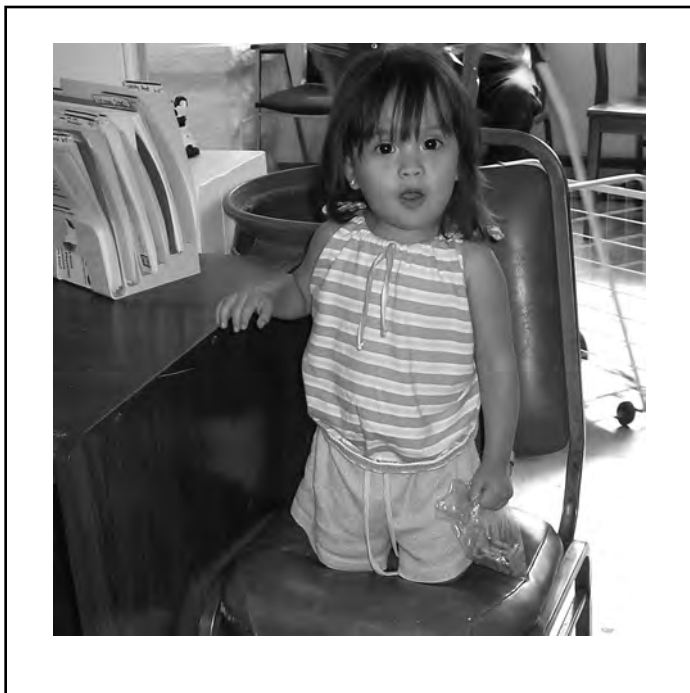
The cash needed comes from individual donors or from grants to us from foundations and, formerly, from a FEMA grant. Last year, we were allocated \$2,500 from FEMA, which we used to buy OFB food. There will be no FEMA grant this year. We must go over-budget to buy core food items such as canned vegetables (like green beans), canned fruit (like pears), grains (rice and dry cereal), and hearty meals (such as stew).

Any food which comes to Fish directly, such as from church or club food drives, or from individual donations, is free to us and by far the best of all alternatives.

Fish has cut back to serving families once every 4 months with a 3-day supply of food, rather than a 5-day supply as previously.

Thanks to all who serve our many hungry neighbors, including you, our generous donors. **Please remember to include us in your holiday giving.**

Gloria



Go to our website

www.fishemergencyservice.org to:

- **Donate online**
- **Request your Fish newsletter via e-mail**
- **Like us on Facebook**
- **Get more information on our activities, read past newsletters, find other ways you can help**

FISH NEEDS:

Basic foods:

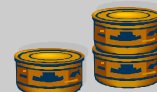
Tuna, peanut butter, chili, stew, mac & cheese, cereals, canned fruits and vegetables, soups

Personal products:

Toilet paper, feminine hygiene products, bar soap, laundry soap

Miscellaneous:

Bus tickets
Back packs





Men's clothing is sparse and needs to be supplemented with pants (jeans, Dockers), shirts, sweaters, shoes, sox, underwear



BMW Club presents Gloria with a generous check for Fish's program



Please consider including Fish in your Estate Gifts or Planned Charitable Contributions.

THANKS TO DONORS, July, August, Sept., 2011

COMMUNITIES OF FAITH

| | |
|------------------------------------|--------------------------------|
| Bethlehem Lutheran | Calvary Lutheran |
| Calvary Presbyterian | Central Lutheran |
| Colonial Hts. Presbyterian | First Congregational, UCC |
| Emanuel Lutheran | First United Methodist |
| Grace Baptist Mission Fund | Grace Presbyterian |
| Holy Apostles | Holy Cross Lutheran |
| Lake Oswego United Methodist | Lynchwood Church of God |
| Imago Dei Community | Montavilla United Methodist |
| Milwaukie Covenant | |
| Moreland Presbyterian | Portland Mennonite |
| Mt. Scott Park Presbyterian | St. Andrew's Presbyterian |
| Rose City Park Presbyterian | St. David's Episcopal |
| Presbyterian Church of Laurelhurst | Waverly Heights UCC |
| Rose City United Methodist | St. James Lutheran |
| Trinity United Methodist | Vermont Hills United Methodist |
| Westminster Presbyterian | Wilshire United Methodist |

BUSINESSES

| | | |
|-----------------------------|----------------------|--------------|
| Albertson's | East Side Deli | Fred Meyer |
| Here We Go Again | Johnson Air Products | Ota Tofu Co. |
| Hawthorne Auto Clinic | Kempsters | MBI Motors |
| Gann Bros. Printing | New Seasons Market | Soup Cycle |
| The ODS Companies | | Safeway |
| Uncle Paul's Produce Market | | |

OTHER ORGANIZATIONS

| | |
|--|-----------------------------------|
| Birch Community Service | US Forest Service |
| Blair, Brentwood, Clinton, Col. Summer's, Sewallcrest and South Waterfront Community Gardens | |
| DaVinci Arts Middle School | Happy Hearts |
| Oregon Region BMW CCA | |
| Portland Fruit Tree Project | Portland Parks and Recreation |
| PPC Cooperative | Southwest Fuchsia Club |
| SE Portland Rotary | Optimist Club of Central Portland |
| Police Sunshine Division | St. Michael's Quilters |
| Treasure House of Rose Villa | Union Gospel Mission |

FOUNDATIONS, ESTATES

Juan Young VII Fund of the Oregon Community Foundation

VERY DIFFICULT DAYS FOR SOME FAMILIES

Betsy and Gail, **Fish** volunteers, remember two mothers and their children who were referred to **Fish** from a local shelter for battered women. They had fled abusive homes with nothing but the clothes on their backs. **Fish** helped them with food and clothing and some information for future assistance.



A young couple, with their two-year old child, met with Stan to ask for help. Like many who come to **Fish**, they were embarrassed to ask for a handout. Both husband and wife are out of work and in need of food for their three children.

When their order was delivered to them, the family packed their provisions into their baby stroller. They waved goodbye and took the bus home.



Our **Fish** volunteer who works at the front desk reports that we are getting a lot phone calls for utility assistance. **Fish** is able to fill some of these requests through a partnership program with Oregon Heat. Other callers ask for bus tickets so that they can travel to look for work.

"Thanksgiving comes to us out of the prehistoric dimness, universal to all faiths. At whatever straws we must grasp, there is always time for gratitude and new beginnings."

—J. Robert Moskin

Ruth at the check-out desk said, "People just don't realize how bad off these neighbors of ours are. They cannot get jobs, they have kids to feed and the amount of help we at **Fish** can give them won't last long." That is why we need your help: to give a helping hand and some food.



Family taking a bus gets food in baby stroller, including a birthday cake



Some food shelves at Fish are bare

IN HONOR and MEMORY

The following people are much loved. Gifts were given to Fish in their honor, and we join in the celebration of their lives.

In Memory

Al Rudy by Marjorie Jensen

Pauline Bain by Ruth & John Ball

Paul McCracken and Bill Entenman

by Elsie Miller Duyn

Donald Beam by Ruth Beam

Duane Schaefer by Betsy & Ted Weinstein

Joyce Atchison by Ella Leszar



In Honor

Mike Bridwell by Ella Leszar

Carolyn Field by Richard Pabst

Howard Wolfe by Madeline Nelson
and James Lafky

Marge Jensen by Ila Rae Winslow

FISH EMERGENCY SERVICE, INC.

Board Of Directors

Ken Otto, Chair; Josh Palmer, Vice-Chair;
Rev. Greg Ikehara-Martin, Sec.

Mary Alvey

Allison McCormick

Bob Nichols

Steve Nofziger, Gretchen Sabo

Executive Director: Gloria Colvin

Program Coordinator: Kathleen Butler

Inventory Control Manager: Jim Arnold

Administrative Assistant: Nita Robertson

Newsletter: Nancy Gerhardt, Amy Houchen

Photos: Jim Arnold, Nancy Gerhardt

www.fishemergencyservice.org

Phone: (503) 233 5533

Fish is a 501 (c) (3) non-profit organization. Donations to Fish are tax-deductible. Services are provided on an equal opportunity basis. No person is excluded from receiving assistance based on race, color, national origin, religion, age, disability, political beliefs, gender, sexual orientation, marital or family status.

FISH EMERGENCY SERVICE, INC.

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Portland, OR 97214

Address Service Requested

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U.S. Postage

PAID

Permit #1074

Portland, Oregon